



Welcome to the  
**TAMAHERE VISTA**  
 March 2026




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I'm not sure where February has gone! It's almost March and to me that means that in just a few weeks, it will be Easter and the end of Daylight Saving!

A very warm welcome to all those folk who have moved in to our village. We trust that you will feel completely at home here.

A number of our residents have been unwell recently. We trust they are all recovering. Others are stoically trying to manage on their own. One of the lovely things about our village is that we genuinely care for each other. That doesn't mean that we become "nosey" but that we look out for each other.

One simple, but non-intrusive way we can do this, is to have a system where you can check the person is up and about each morning. It might be just checking the curtains are open, or perhaps phone each other when you have breakfast. It only takes a minute, but that simple check might actually save a life. Try it!

In this issue, we meet John Beishuizen who has been a resident at Tamahere for the past two years. His story is another one of faith and inspiration. Thank you John, for sharing your story with us.

Have a wonderful March – it's Autumn!!

*Carole Fleming (Editor)*

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## Introducing John Beishuizen

John and Tisha, both originally from the Netherlands, came to Tamahere Eventide, Villa 27, two years ago.

On leaving school, John had to complete his compulsory military training and went to Papua New Guinea. He really appreciated the warmer climate, after the rain and colder weather back home.

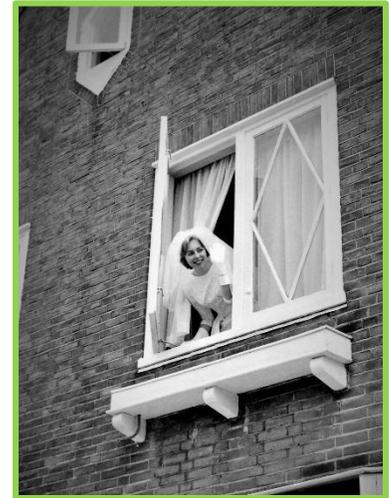
Tisha had spent a year working in Ilfracombe in Cornwall. She had then been invited to Amsterdam where one of the students invited her to a function. His dad needed a secretary, in a clothing agency, and as she had shorthand /typing experience, she became, in the boss's words, "a sheep with five legs!" This implied Tisha could do anything, plus everything else - she modelled clothes, acted as secretary, cared for customers and anything else.



On his return from military service, John studied at the School for Sugar Technology in Amsterdam. This is when he met Tisha, at a youth group at the local church in Amsterdam. Tisha was "very popular with the boys", but John patiently waited outside for her at the end of each day to walk her back to her accommodation. John shared with me that at one point, Tisha realised she had to make a decision and choose one of the young men, so told John she would do so by the following Saturday - at 3pm. John duly arrived where Tisha was living, and climbed the three flights of stairs. On the way up, he passed a sad looking fellow coming down the stairs - he had obviously lost! Many years later, John asked Tisha why she had chosen him - her reply?

Because he was so persistent!

John and Tisha were married 63 years. They were married in Tisha's home town of Meppel in the Netherlands, in 1962. This photo shows a happy Tisha looking out her parent's window for John who was due to arrive on the train. The train duly arrived - without him! Has he changed his mind? John's father had not been in a hurry, and they missed the train! However, his brother jumped in to save the day, rented a car and drove him to meet up with his bride.



A year later they emigrated (on a cruise ship no less!) to New Zealand. They arrived in Wellington, and spent the first day sightseeing, including a visit to Parliament. Then they caught the overnight train to Auckland (with vivid memories of the railway china) and arrived at the Railway Station expecting to be met. As sponsored migrants, the expectation was that the Reform Church Minister would arrive, have housing and jobs sorted etc. But when he didn't show, the Presbyterian Minister, who was meeting another group of migrants from the same train, kindly suggested they join them. (Meanwhile, it transpired that the Reform Minister had moved to Australia and forgot to mention their arrival).

John and Tisha both got jobs quickly. In fact, Tisha was asked to start immediately in the first position she applied for. Since then, John has completed a degree in Chemistry and Biochemistry. He worked for Goodman Fielder for 30 years, the last ten years as Manager of a Food Company in South Auckland. They have two children, a daughter (now a grandmother herself) who lives with her husband in Christchurch, and a son who lives in Germany, and is married to a Filipino, who studies at the Klevé University.

Some time later, John and Tisha recognised that they had been so busy with life, that they needed to spend time looking at their marriage - and became involved with Campus Crusade, who ran "A Weekend to Remember" to re-orientate one's marriage with Godly principles. After this, Tisha was invited to Women's Aglow and she and John both joined the Bible Study Fellowship, an international ecumenical movement - a turning point for them both. Tisha played the piano and cello and studied for her music exams qualifying to teach piano to around 20 children after school.

John heard of an evangelist, Louis Palau. He said that he had heard that volunteers were being sought. He thought 'Here I am - God can do something with my abilities!' During the training John came to realise that it was he who needed God - not the other way around.

Retirement - well, John retired in 1996, and for a time they lived in Pauanui where he had built their holiday home himself. They had hoped to spend all four seasons in the home, but .... something else called.

YWAM (Youth with a Mission) called, and John and Tisha ended up in Hawaii at the University Of the Nations where John assisted in the management of the University and Tisha as secretary of the organisation. (This photo shows them standing on top of a volcano in Hawaii). On their return to New Zealand, they lived at Snells Beach, in order to be nearer their family and grand-children. Then later, they moved to Morrinsville, to Tasman Village - as by then the family were farming near there.



John and Tisha celebrating their 60<sup>th</sup> Wedding Anniversary

They lived in the Tasman Village for ten years. Tasman Village works on a different model to our village - the units were all freehold and purchased by the residents. John was the President of the Residents' Committee there for three years during which time they completed the development of the village and were able to establish the Community Hall. Tisha realised there was a need for improved communication for the residents in the developing village. She started the village newsletter, The Tatler, which is still being produced, every three months now. Interestingly, Diana Visser, another Eventide Village resident, who had previously lived at Tasman, followed John as President, completed the Community Hall and continued publishing The Tatler. The current Editor of the Tatler is Peter Sommerhalder, whose wife is a resident in Nikau, our hospital. It was Peter who encouraged John and Tisha to come to Tamahere Eventide. They moved in to Villa 27, and were very happy there.

The reason they came to Eventide was because in 2017, Tisha was diagnosed with Alzheimers, and they recognised that she would need more care in time. With further complications, Tisha sadly died in September 2025.

Since Tisha's passing, John keeps himself busy - he walks every morning, cooks for himself, has started playing petanque, and contributing to the Book Club. He is keen to form a Bible Study group in the Village - all while still being a strong member of the Community Church at St Francis.

Their wedding text was Matthew 28 : 20 'And surely I will be with you always' and He has been!

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What a witness to married love, and to living the Gospel! John, thank you for sharing so generously. We are the richer for having you as part of our Tamahere family.

## VILLAGE MANAGER'S COLUMN

### Quote of the Month:

*“It does not matter how slowly you go, as long as you do not stop.”*

*(Confucius)*



### New Residents

Villa 56	Laurie and Carol Hancock
Villa 111	Peter and Fae Galbraith

This month has seen us employ a new Activity Co-ordinator to replace Karen. Thankyou all for bearing with us as we took time to decide how this job was to evolve. I want to publicly thank Karen Bridewell for the years of service and her energy that she put into this role. I am sure you will join me in wishing her all the best for where her work-life journey will go. I wish her well with her recuperation following the operation on her hand.

Lisa Vanin has started this month and her role will be regular visiting of residents and the organisation of one external trip per month, and one speaker each month. Please join me in welcoming her to the Eventide team.

Also this month, Chris White heads to retirement and a well-deserved trip to Europe. A big thankyou to Chris for her hard work and enthusiasm. She started at Atawhai Assisi in 2018. Thankyou Chris for your work in keeping our residents independent.

You will have read below, Saga's story, and we welcome her to the team doing some of Chris' work.

**David McGeorge**

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### Meet Sagarika –

Sagarika, (or Saga) has recently joined our team and will be providing cleaning, washing, making or changing beds, etc in villas and apartments.

Sagarika comes from Sri Lanka and has been in New Zealand for the past two years, a country where they could be as a family. And she loves it.

Married, with two children, aged 16 and 9, Sagarika really enjoys exploring our land. In Sri Lanka, she previously worked as a beauty technician.

Welcome Sagarika – we hope you will be very happy here.



### Thank you!

You might recall that last year, Olivia Dobson, (grand daughter of Margaret Boreham in V35,) was raising funds for her school trip to Adelaide to play Lacrosse. Olivia has returned home and writes to thank the residents at Tamahere for helping to make this trip possible. Congratulations Olivia!!



*I would like to say a huge thank you to the wonderful Eventide ladies who helped make my trip to Adelaide for Lacrosse a success. Through the jobs and support you gave me, I was able to travel, play, and grow in ways I didn't expect. Over the week, I really grew as a lacrosse player and, just as importantly, I came out of my shell.*

*Our club had a strong tournament, winning 3 out of 4 games against Brighton, Sturt, and Glenelg, with our second game ending in a hard-fought tie against Burnside.*

*I'm incredibly grateful to everyone who supported me along the way. Your kindness and encouragement truly made a difference. Thank you for believing in me and helping me get there.*

- Olivia Dobson



*I'm 83 years old.*

*I was in the Mac Donald's drive-through this morning. The young lady behind me leaned on her horn and began mouthing some ugly things because I was taking too long to place my order. So, when I got to the first window, I paid for her order along with my own. The cashier must have told her what I had done because as we moved up, she leaned out her window and waved to me as she began mouthing to me "Thank you, Thank you!" Probably feeling embarrassed that I had repaid her rudeness with kindness.*

*When I got to the second window, I showed the server both receipts, and I took her food too. Now she has to go back to the end of the queue and start all over again.*

*Don't blow your horn at old people – we've been around for a long time!*



The Village Café is your place to meet, greet and eat.

Don't forget our Specials –

- Every Tuesday – Freshly baked goods with tea or coffee - \$8.50
- Every Thursday – \$10 Special for Lunch



**Great Food**  
**Great outlook**  
**Great people**  
**Share with your friends**

Ever wonder what to have for tea?

Sandra has Ready to Eat Meals – 5 for \$67.50.

Hours: 9.30 – 2.00 Monday to Friday

Functions outside these hours.

Refer to the Village website for the menu.

<https://www.tamahere.co.nz/village-cafe-weekly-specials/>



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### Free Senior Coaching for Drivers

If you are an AA member aged 74 years or older, you are eligible for a FREE in-car coaching session with their AA Senior Driver programme.

Call the AA on 0800 500 444 for more details.



## **CHAPLAIN'S KORERO**

Tēnā koutou e te whānau! Warm greetings to all who call Tamahere home.

One of the things that makes our village distinctive is the role of the chaplain; it's a position most other villages don't have. Some of you may be wondering what the purpose of the role is and what it is I actually do.



The first thing to emphasise is that I'm not here to try to convert you. As chaplain, I do have some 'religious' duties (organising the worship roster, leading services including funerals, offering prayers on special occasions). Tamahere is a Methodist-owned facility grounded in spiritual values; offering people opportunities to engage in their journey of faith will always be a part of our kaupapa.

However the Board doesn't have a narrow or exclusive view of spirituality. It recognises that residents and staff make up a diverse community with varied histories, experiences and viewpoints. We don't seek to impose our views on others. One of my priorities is to make worship and the chapel itself places where everyone feels welcome and at home, no matter what they do or don't believe.

Alongside these tasks the chaplain's role is to offer pastoral care and support to residents, families and staff. One of my superpowers is the ability to listen without judging or offering glib and unhelpful advice. In a community like ours people have all sorts of needs: the death of family members, feelings of loneliness or depression, serious illness or the need for more care. I'm always available to listen, to support and to accompany.

As chaplain, I meet the families of many of our residents and am sometimes involved in careful conversations with whānau as they recognise the need for extra support. Every month I facilitate a support group for the families and friends of people living with dementia. I also spend time with families as they sit with those who are dying. Along with other staff members I act as a guide along the way sometimes offering words of love, courage and prayer.

I've now been at Tamahere for five years and every day is different. Sometimes a chaplain is simply a spare pair of hands to push a hospital chair, to help as a waiter in the cafe, to make up numbers at bingo, to guide home someone who is lost. Other times I'm aware that I'm being invited into the deep places of people's lives and that is always a huge privilege. I am here if you need me; please don't hesitate to ask.

Ngā manaakitanga,

Susan

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## News from Chris

An expert on Advanced Care Planning is coming to help us understand how to prepare for our future care. Come **Wednesday 4<sup>th</sup> March at 1pm in the Community Centre.**

Also this month, we have the **Podiatrist here on 5<sup>th</sup> March**, and the **Ear Clinic on 23 March.** Make your appointments with Reception.

Then on **27 March, (11.0 – 1.30) come and have the Eyewear Angel** clean or adjust your spectacles – there is a cost involved.



### Chris' Housekeeping Tip for the Month

To remove odours from Carpet – Sprinkle baking soda on carpets before vacuuming.

My aim is to keep you in your independent Villa or Apartment for as long as possible. I can clean, do washing, make or change beds, organise assistance; in fact, provide care that is not available to you from the Health Department.

INTERESTED?? Contact Chris or David to discuss.

### We Celebrated Chinese New Year with the Living Waters Church Youth Group



A large group of residents gathered with the Youth Group from the Living Waters Church, when they joined with us recently to celebrate the Chinese New Year. They showed us how to prepare pork dumplings, and then cooked them for us. They were really delicious! The significance of the dumplings is that they are made to represent gold ingots which when made for friends at this time, is a wish for them of prosperity.



## LENT

Dear God, our hope is to:

Fast from unkind thoughts;	May we instead feast on love;
Fast from sadness;	May we feast on joy;
Fast from anger;	May we feast on peace;
Fast from pessimism;	May we feast on patience;
Fast from discouragement;	May we feast on faithfulness;
Fast from bitterness;	May we feast on kindness;
Fast from negativity;	May we feast on gentleness;
Fast from worry;	May we feast on goodness;
Fast from indulgence;	May we feast on self-control.

Gracious God, during this season of fasting and feasting, gift us with your presence so we can be gift to others in your service. *Amen.*

- *Thankyou Delwyn.*

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## **ROTARY CLUB MEETING AT VILLAGE CAFÉ**

As mentioned in our last newsletter, the Hamilton East Rotary Club is now having its twice monthly formal meetings in the Village Cafe on the first and third Wednesdays of the month. The meetings commence at 6.15 p.m. and usually finish by 7.45. p.m. Members gather from 5.30 p.m. and socialise for a while before the meeting commences with a roast meal prepared by the lovely Sandra and her helpers. What follows next can vary but usually it's any club business and lastly a presentation from a guest speaker.

Rotary is a worldwide organization that is now in its 120th. year since being conceived by Paul Harris and a few business mates in Chicago, USA. The Hamilton East Rotary Club was the second club to be established in Hamilton and is now 66 Years old.

Many fundraising activities have been held over the years and likewise many charities and worthy causes have benefited from help and donations from the club. In the last year the major fundraiser has been the "Racenight", an activity that attracts sponsors, and on the night, those attending have lots of fun. The organization that has been the prime one financially supported this year is "Kids in Need".

The club is welcoming village residents to attend the first meeting in March as guests. You may come and hear the guest speaker only from 7.10 p.m. approx. or attend the whole meeting including sharing in the meal. There is no charge, unless you want a meal, in which case its \$25 pp, in cash, payable on the night. Presenters at the first meeting in March are two bright young students who the club sponsored to attend the recent Annual Summer Science School in Auckland. They will tell us about their experience.

The club must know in advance, no later than the Monday before the meeting, if you wish to attend and if you want a meal. The contact to advise of your attendance intentions on this occasion is, Ian - phone 0210 728 940 or preferably let him know by email - [hookian10@gmail.com](mailto:hookian10@gmail.com). There is limit on numbers so first in - first served.

## **Should you switch to Linux? Possibly not.**

In all my years as a computer scientist (yes, that's an actual thing!) I've never quite seen a level of angst similar to that present within the Linux developer community. In no small way this stems from its founder, Linus Torvald, and his aversion to anything resembling sane-and-sensible confrontation (though he has made amends for this in recent years). He tended to invoke both shame and anger in his correspondents in equal measure, leading many to leave Linux development altogether, as they failed to see the benefit of being insulted or condescended to in exchange for their offerings of time.

This attitude has often been reflected in Linux development groups across the globe, and support communities; the idea that it doesn't matter how you deliver the message, so long as that message is in fact correct. Recently I asked a general question about a particular type of software in Linux, on a forum that wasn't specifically for Linux. Several forum members responded with outright hostility, as I'd dared to criticise their favourite play toy, but I was merely asking for information. Heaven help the more inexperienced users who might stumble into a support forum asking "stupid questions" like "why isn't my internet going?".

This is the principle reason I don't recommend Linux for the average user. Don't get me wrong; I use linux regularly and I'm no Microsoft, or Apple fan. The actual problem with Linux isn't the software, but its userbase and support culture. There are as many flavours of Linux as there are colours in the world; but they all have, to varying degrees, the same problem of community and support. And at some point, you are going to need support, or a community to advise you how to proceed or make recommendations to you.

There is also the matter of usage statistics. Microsoft Windows may chew through system resources for no good reason, but when you have a problem, you can bet that somewhere, someone online has had that problem too. Currently around 66% of all desktop/laptop computers worldwide run Windows and this makes it easier to find a solution to your problem. By contrast, if you've had an issue with Linux, with it's ~2% marketshare, chances are you could be the only person who's ever had that problem. And even if you're not, applying the solution will require more-than-novice training.

Apple has roughly 30% marketshare on the desktop, but because there is no variance in hardware in apple computers, it makes it easier to find a solution to your problem. I should note that I personally use Linux for programming and don't have a problem with it; my personal favourite flavour of Linux is Mint, a no-nonsense distribution which is readily understood by newcomers to Linux, as well as being quick. But so long as the Linus Torvalds clones are in charge, I am unlikely to recommend it to anyone less experienced with computers. Well, not if I like them at least.

Feeling badly wired? Contact Matt at 0211348576 or [info@homepcsupport.co.nz](mailto:info@homepcsupport.co.nz) \$80 per hour, or \$70 for drop-off-to-workshop services.



**Bentley Home PC Support**

## **News from the Residents' Committee**

Hello everyone,

Thank you so much to all the residents who came to our barbeques over the last few weeks. We had quite the turnout, especially at the last one. It was lovely to see so many of our new residents attend. Great to see you interacting and getting to know new people. A very big thank-you to Keith and Janice for all the naming, itemizing, cooking, and delivering of our meats. You are both very much appreciated for all you do for the committee and our community.



We only had a small number of members at our first meeting of the year but have managed to decide on a couple of events to start us off. The quiz nights are always popular so we will have one on Wednesday 11th March at 6.30pm. If you are new, the rules are:

- 6 people to a team. There will be 6 prizes for the team that wins so if you have more than 6 it means someone doesn't get a prize.
- We also have spot prizes throughout the evening.
- If you aren't in a team, come along anyway as we make teams up on the night.
- Bring nibbles, and drinks for yourself or to share with your team also.

Looking ahead to April. On Easter Monday 6th April we will have a morning tea. The committee will supply hot cross buns and tea and coffee. Plenty of time to decorate an Easter bonnet or hat to wear and win a prize. We thought it might be nice for everyone to bring an Easter Egg along to swap with someone.

Anzac Day is on the 25th April and we thought we would have an evening get-together at 6pm with the Ukulele Group and sing some old songs together. More about that evening closer to the time.

Thank you to all the residents who have paid their Koha to the committee. We value your contribution as it helps us with prizes and morning teas throughout the year.

I would also like you to start thinking about whether you would like to join our committee. We would relish some new blood so to speak and some new ideas. It's not a difficult job and we will be needing some new members. So please think about what you have to offer the village and we will soon be asking for nominees.

Thank you

Lynn

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The Bishop was coming to the local parish, and asked the Minister to advertise this, so that he could speak to the whole congregation.

The day arrived, and the Bishop stepped up to speak. There were only four ladies in the back row.

“Did you advertise my talk, as I asked” he said.

“Well, no”, replied the Minister, “But it looks as if word has got around.”

## **What's Going On?**

### **HAMILTON GARDENS : March 2026 Events**

- **March 1 - Gourmet in the Gardens (this year at Cambridge Raceway)** : Featuring the Daughters of Ally. A family friendly event where food lovers can try out the Food Truck Dining Experience.
- **March 7 - Paintvine in the Park - Cathedral Cove** : Creative painting event.
- **March 9 - Medieval Faire** : 10am-2pm, featuring archery, maypole dancing, and jousting, located at Gate 2.
- **March 11 - Paintvine in the Park - Cluckin' Fabulous** : Creative painting event.
- **March 13 - Baroque Beginnings Fundraising Dinner** : 6pm-10:30pm in The Pavilion, featuring a 3-course dinner, auction, and guest speaker Anna Mowbray.
- **March 21 - Wellathlon at Hamilton Gardens** : A "triathlon" of walking, dancing, and stretching for wellbeing.
- **Various dates - Hamilton Arts Festival Toi Ora ki Kirikiriroa** : A celebration of arts including music, theatre, and comedy.
- **Dates variable in March - 87th Annual North Island National Dahlia Show** : Exhibition of Dahlia blooms.
- **Hidden Trails & Medieval Tales**: A behind-the-scenes look at the Gardens.



It is recommended to check the Hamilton Gardens website or Eventfinda NZ for the most up-to-date schedule and ticket information. So many events planned for Hamilton Gardens and wheelchairs and mobility scooters are available Free!! You will need to book a wheelchair in advance (4 chairs available) - phone 838 6782.

Entry fee to the enclosed gardens \$20.00 for one day (\$18.00 for Gold Card), or you can buy a yearly pass for \$50.00 (less 10% for Gold Card).

### **A WEEK OF FAMILY FUN AT THE HOT AIR BALLOONING FESTIVAL 21-28 MARCH**

Feel the magic as our local and international pilots take to the Waikato skies in their hot air balloons. Balloons Over Waikato is one of Aotearoa's largest free events. Each morning at Innes Common, Hamilton, pilots compete in skilled-based flying competitions that fill the sky with colour and excitement.

Whether you're up early for the morning launches, mesmerised by the ZURU Nightglow, or simply popping outside in your PJs to wave as the balloons drift overhead, this world-class unforgettable event is for everyone.

**SOWETO GOSPEL CHOIR - 28th MARCH - Waikato Regional Theatre - Phone 0800 111 999**

### **WAIKATO REGIONAL THEATRE TOURS**

Join us on 7 March for a koha-supported venue tour and explore the new BNZ Theatre from every angle. You'll uncover the story of Hamilton's state-of-the-art performance space. Wander through the auditorium, see how the venue transforms for different shows, and discover the secrets that make BNZ Theatre a cornerstone of live entertainment in the Waikato. The hour long tours will cover the venue's build and history, the materials used, key spaces behind the scenes, and plenty of fun facts along the way.

**Tour Schedule:** - 9:00am \* *wheelchair friendly tour*, 11.30am, 1.30pm \* *wheelchair friendly tour*, 2.45pm, 4.00pm.

The tours will start from the venue main entrance via Embassy Park on Victoria Street. Two tours will run simultaneously (Tour A and Tour B) during each time slot in the tour schedule. Note: \*Tours A at 9:00am & 1:30pm are wheelchair friendly tours. All other tours will include some stairs and heights. Please ensure you book the correct tour that meets your mobility requirements.

#### **LOCAL MARKETS:**

- Lions Trash & Treasure Market - Cambridge Memorial Park (Rugby Ground). Every 2nd Sunday - 8.30-1pm
- Tamahere Country Market: Held at St. Stephen's Church - 3rd Sat each month, 8.30 - 1pm
- Cambridge Farmers Market: Every Sat - Victoria Square - 8.am - 12pm
- Hamilton Farmers Market: Gate 3, Brooklyn Rd, Claudelands - Sundays 8am - 12pm
- Waikato Easter Market - Sat 28th March 9-3pm - The Barn Claudelands

#### **TRY OUT SOME OF THE LOCAL EATERIES.**

- Cafe IrresistiBlue - Centrally located in the heart of Waikato - open 7 days 9.00 - 4.30pm - signposted off the Cambridge-Te Awamutu Rd, 10 mins from Cambridge - 07 834 3501  
Definitely family friendly with a country atmosphere.
- Wooden Spoon Gluten Free Cafe. - 169 London Street, Hamilton - Open Friday 7am-3pm  
Saturday 8am-2pm - 021 090 662
- The Bikery at The Velodrome Cambridge
- Clementines Cafe and Plant nursery: Peake Rd Cambridge (across the road from Velodrome)

#### **HOPNOTIC BREWERY:**

Another Craft Brewery very close to Eventide. This Brewery has been open for almost 6 years. Owen Swan is a very friendly manager. They have a very pleasant beer garden with many craft beers to try out. They serve Pizza & Fries, plus music to enjoy. Open Thurs & Friday 4pm - 7.30pm and again at 2pm on Saturdays. You will find them on Raynes Rd (opposite the Trade Depot).

#### **WAIWHAKAREKE NATURAL HERITAGE PARK**

This is a 60ha park located on the northwest outskirts of Hamilton, across the road from Hamilton Zoo. The park has easy walking tracks with a loop and connecting tracks. Suitable for walkers looking for an easy walking trail in peaceful surroundings.

The park is on its way to becoming a self-sustaining sanctuary that represents the original ecosystem diversity of the Hamilton Basin. The park has a peat lake (Waiwhakareke or Horseshoe Lake), and wetland ecosystems with native plantings being restored.

#### **THE 2026 TŪRANGAWAEWAE REGATTA**

This is scheduled for **Saturday, March 15, 2026**, in Ngāruawāhia, featuring traditional waka, racing, and cultural performances on the Waikato River.



Pauline Eastwood

## NEWS FROM VILLAGE GROUPS

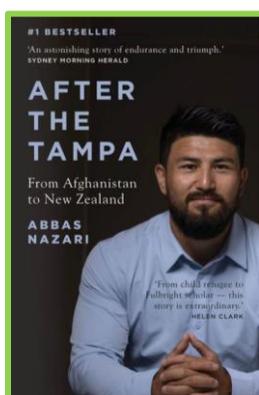
### The Book Club

All those who are interested in reading books, and learning of the wide range of books read by other residents, are most welcome at the monthly meeting of the Village Book Club. They meet at **3.30pm on the first Monday of each** month in the small Lounge in the Community Centre. Their next meeting is Monday 2<sup>nd</sup> March.



Some of the books read by members of our group this month include:

#### After the Tampa – Abbass Nazari (Gladys and Helen)



The extraordinary story of the parents and family, including seven year old Abbas, who left their home and land in the mountainous northern areas of Afghanistan. They are of the Hazara Tribe and the Islam faith. The father obtained passports for all the family and visas for Pakistan.

In 1979 the Soviets invaded, in 1989 the Soviets left and the Taliban emerged - Taliban being hardline religious fundamentalists. By bribing the Taliban Border Guards, the family reached Quetta in Pakistan. They father informed them that they were going to Australia. An agent took them to Karachi and then by plane to Jakarta where the plan was for a boat to ferry them out of Indonesian waters and into Australian waters. But by 1992, Australia had legislated that all asylum seekers arriving by boat mandated detention.

The fishing boat, Pelapa, had accommodation for 80-100 but 438 persons were crammed on board. Seasickness, followed by the engine dying, was followed by a storm. As the boat began to break up, they were rescued by the container ship, Tampa. The Tampa headed for Christmas Island but it was eventually sent to Nauru by Australia. New Zealand offered to take 150 families, women and children. From Nauru, they flew to New Zealand in September 2001 to the Mangere Refugee Resettlement Centre. After 8 weeks they went to a State house in Christchurch. In 2005, the family obtained New Zealand citizenship.

Abbas attended Burnside High School, then enrolled at Canterbury University studying Law and in 2016 gained the degree in International Relations.

In 2019 he won a Fullbright Scholarship to Georgetown University in Washington DC studying the Security Studies Programme at Georgetown University's School of Foreign Service where he wrote **this** book during the Covid lockdown.

I recommend this book to anyone interested in World Affairs and the true story of a refugee family who had the strength to stay together, work hard, and believed in HOPE for a better future.

#### The Robe – Lloyd C Douglas (John)

This historic novel was first published in 1942 and made into a widescreen movie in 1953, featuring well known actors like Richard Burton as Marcellus, Victor Mature as Demetrius, his Greek slave, and Jean Simmons as Diana, the love of Marcellus's life.

The title refers to the robe Jesus wore during his ministry on Earth, and was won by Marcellus, the Roman tribune during their crucifixion. This page turning novel is told through the eyes of first century Roman occupiers in Palestine. It is fascinating to read about well-known Gospel events and figures, like Peter the Fisherman, as experienced by bystanders at the time, without the insights we may have through our religious

upbringing. This brings out some very interesting observations and may stir our emotions. Douglas is a wonderful storyteller and kept me fully absorbed until the end.

### **Becoming Pākehā** – John Bluck (Mary-Rose)

This is a great read at a time when issues of how Pākehā relate to Māori culture and values are high on our political agenda. It was published in 2022, just before the current Government began passing legislation to reduce many things Māori.

John Bluck describes his story of growing up in one Maori village, Nuhaka, and retiring to another, Pakiri, with lots of stops in between, as “walking between two cultures”. I enjoyed his story, which he told with humour and humility: always owning how much he had to learn when he found himself in a Māori situation. And how much he owed to the patience and forbearance of his many Māori friends who were his companions and guides.

When his story was told, the author wrote next about the situation between Māori and Pākehā (non-Māori), as he sees it, then turned his attention to ways true partnership might be achieved. His last chapter is visionary with the title, “Aotearoa as it just might be.” In it, he dreams about what might be in place when the people of Aotearoa celebrate the 200<sup>th</sup> year since Tiriti O Waitangi was signed. Maybe I’ll be alive to see that celebration!

I was glad to find this book in our Village Library. I found it an easy read. It whetted my curiosity about what can be done to grow partnership and is a helpful background to current affairs. (Harper Collins published.)

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## **Bowls**

**Outdoor Bowls** – We have had some really good turnouts since moving the Bowls to the cooler evenings. We’ve even had a couple of new players arrive.

Everyone is welcome to join us on Tuesday and Thursday evenings. Come along at 7pm to put your name in, with the aim to play at 7.15 after we have sorted some teams. Please report to the desk to make sure you have been included in a team!

**Indoor Bowls** – We are enjoying having enough bowlers to put down two mats on a Monday evening. Come along and join us, no experience needed. We muster at 7pm to put up the teams, and are usually finished and packed away before 8.30pm.



**Beth Richards, H23**  
**Bowls Communicator**

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## **Pool**

We meet on Mondays at 1pm in the Café. New people are always welcome – we are a friendly bunch. If you haven’t played for a while, dig out those old skills – if you are new to the game, we are happy to teach you. Come and join us.

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## **Petanque**

This is an enjoyable activity each Saturday morning (weather permitting).

A note to any of our new residents.

If you would like to come and 'give it a try' we are happy to show you how to play. A sociable, non-competitive game (invented by the French).



Come along at 9.45 and we are down at the end of Tidd Close, on the edge of the gully.

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## **Ukulele Sing-a-long Group**

The Ukulele group are an enthusiastic little group who meet in the downstairs Harakeke lounge on Thursday afternoons at 2 pm, (but not the last Thursday of the month), to sing and make music together. We welcome anyone to pop in to our sessions. It gives us pleasure to be able to play for the Rest Home and Day Programme for their entertainment.



Contact Keith or Janice, Villa 10, or ph. Keith 021 255 1653., Janice 021 262 4469.

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## **Games Afternoons**

We play table games, mainly Rummikub, every Monday and Friday from 1.00pm - 3.00pm in the Community Centre.

Everyone is welcome whether you know how to play or not. We can teach you how to play. If any residents have some other game that you would like to play, please bring it along and we might find another like-minded person to play with you.

All are welcome and it is good to make use of our Community Centre.

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## **Knit and Natter Group**

It's lovely to see so many arriving on Friday for our casual Knit and Natter mornings each Friday.

We meet in the Harakeke lower lounge and enjoy a cuppa together while admiring each other's handiwork.

Things are stockpiling well for our first delivery later in March as Kids In Need Waikato prepare for the winter season. Keep those crafted articles coming so we have a good carload!

**Helen Painting ph 854 7662**

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## **Tamahere Global Village**

- Where is the world going? Is it preparing for war, or is it reforming to a better structure?
- Where are the big powers going, and how are the others responding?
- What can New Zealand do?
- What is the news telling us?
- Come and share your ideas and find what others think.
- **Wednesdays 4pm, 4<sup>th</sup> and 18<sup>th</sup> March, Lower Harakeke Lounge**

Contact **Gray Southon, V102**, Ph 0211 020 977, email [gray@southon.net](mailto:gray@southon.net)

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## **Movies for March**

Movies are shown in the Community Centre - on Fridays 7pm.



### **Faith Like Potatoes 1h37 Friday 6th March 7pm Community Centre**

Angus Buchan, portrayed by Frank Rautenbach, is a Zambian farmer of Scottish descent who faces turmoil as political unrest and land claims disrupt his life. Seeking a fresh start, he relocates his family to KwaZulu Natal, South Africa, hoping to build a better future. As they navigate the challenges of their new environment, Angus's faith is tested, leading him on a transformative journey that intertwines resilience, family bonds, and the power of belief. The film captures both the struggles and triumphs of a man determined to overcome adversity through unwavering hope.

### **The Sound of Music 1h59 Friday 20th March 7pm Community Centre**

The Sound of Music follows Maria, a spirited young woman training to be a nun in Austria, who is sent to be the governess for the seven children of widowed naval officer Captain Georg von Trapp. As she brings joy and music into their strict household, Maria and the Captain fall in love, but they must escape the looming threat of the Nazis who have invaded Austria.

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**Some of the artists of the '60's are revising their hits with new lyrics to accommodate baby boomers. They include:**

1. Herman's Hermits...Mrs Brown You've got a Lovely Walker
2. The Bee Gees...How can you mend a Broken Hip?
3. The Commodores...Once, Twice, three Times to the Bathroom
4. Procol Harem...A Whiter Shade of Hair
5. Helen Reddy...I am Woman, Hear me Snore
6. Tony Orlando...Knick three times on the Ceiling if you Hear me Fall

**All residents receive a copy of the Vista each month. These can be on paper and delivered to your letter box or, in the interests of saving our planet (and the trees - and reducing waste etc) you might choose to have an electronic copy.**

**If you would prefer to receive your copy by email, please contact the Editor, at [christchurchclass@gmail.com](mailto:christchurchclass@gmail.com)**

## **The Library**

If you are new to the Village and haven't found the library yet welcome. You will find our wee library in the small lounge at the café end of the Community Centre. We have a good range of books and puzzles which have been donated to us and are free to borrow and return when finished without being recorded.

We also have a section belonging to Waikato District Libraries. These are shelved in the 2 bays nearest the windows and are changed about every 4 months. They must be recorded in the red book (usually on the table) and marked off when returned.

### **Books:**

We've made another wee change to the non-fiction section to try and attract you. We have put all the *Biographies* together at the left of the top shelf. These and other *non-fiction* are in no particular order. *Fiction* is shelved in alphabetical order by author surname in the bays from left to right.

### **Returns:**

Please continue to put all returns in the correct bin as labelled and we will shelve them.

### **Donations:**

Please put book donations in the smaller bin as labelled. Due to space limitations, we reserve the right to not add books to our collection.

### **Talking Books:**

There is a small collection of Talking Books (CDs to listen to the story read). As far as we can tell none of these have been out in the 3months we've been looking after the library. We are considering deleting this section.

If you have any comments regarding this, please get in touch with Jenny 021 211 8773 or Gill 027 427 7739. Please enjoy your library, read the signage for direction and contact one of us if you have questions.

Jenny V98; Gill V84  
**Librarians**

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## **For Sale**

### **Used (3 months) Invacare Venture Powerchair**

115kg capacity, 6.3 km/h speed  
8.4km range per charge, 12V 14A Batteries

Still under warranty with The Mobility Man  
At reduced price \$2,000

All enquiries to 027 419 0335.



## Our Rehabilitation Corner

Generally, working out in the morning instead of evening is better because it's easier to commit to and get done before the day's responsibilities get in the way.

In the evening, many people feel tired after work or school. It can be difficult to find motivation or time to exercise. Working out at night can also increase energy, making it hard to fall asleep. But that's not to say evening workouts don't have benefits.



Possible advantages include:

- Higher body temperature. Your body temperature is highest around 4 to 5 p.m. This is ideal because your muscles are already warmed up.
- Increased strength and endurance. Compared to the morning, your strength and endurance are higher in the afternoon.
- More workout buddies. It may be easier to find workout partners later in the day.
- Stress relief. After a long day, exercise can help you unwind and de-stress.

Also, different times of day may be best for different types of exercise. For example, an intense spin class may be ideal in the morning, while a relaxing yoga routine might be more practical at night.

It's always best to exercise at the time of day that works best for you. Consistent exercise any time of day is better than inconsistent morning workouts.

With time and patience, you can start your own morning workout routine. Here's how to make it happen:

- Sleep well. A good night's rest is essential for waking up early. Aim for seven to eight hours of sleep.
- Gradually adjust your workout time. Instead of jumping into a 6 a.m. workout, slowly move your workout time earlier.
- Prepare your workout gear. Before going to bed, set out your gym clothes, sneakers, and other workout necessities.
- Make breakfast in advance. Prepare an energizing pre-workout meal the night before.
- Meet a workout buddy. Making plans with a friend is a great way to hold yourself accountable.
- Do exercise you enjoy. Try new exercises and see what you like most. When you truly enjoy a workout, it'll be easier to get out of bed.

*Prepared by: Rosalyn Pelaez  
Allied Health Coordinator – Tamahere Eventide  
Source: Healthline*



## Our Chuckle Corner

Test yourself on these questions! They are part of the Californian Driver's Licence Renewal Questions for People over 80 years .....



1. Johnny's mother had three children. The first child was named April. The second child was named May. What was the third child's name?
2. There is a clerk at the butcher shop, he is five feet ten inches tall and he wears size 13 sneakers. What does he weigh?
3. Before Mt. Everest was discovered, what was the highest mountain in the world?
4. How much dirt is there in a hole... that measures two feet by three feet by four feet?
5. What word in the English Language... is always spelled incorrectly?
6. In California, you cannot take a picture of a man with a wooden leg. Why not?
7. What was the President's Name...in 1975?
8. If you were running a race, and you passed the person in 2nd place, what place would you be in now?
9. Which is correct to say, "The yolk of the egg are white" or "The yolk of the egg is white"?
10. If a farmer has 5 haystacks in one field and 4 haystacks in the other field, how many haystacks would he have if he combined them all in another field?

### And the Answers:

1. *Johnny, of course.*
2. *Meat.*
3. *Mt. Everest; it just wasn't discovered yet.*
4. *There is no dirt in a hole.*
5. *Incorrectly*
6. *You can't take pictures with a wooden leg. You need a camera to take pictures.*
7. *Same as is it now - Donald Trump*
8. *You would be in 2nd. Well, you passed the person in second place, not first.*
9. *Neither, the yolk of the egg is yellow*
10. *One. If he combines all of his haystacks, they all become one big one.*

A husband and wife were having problems and had stopped speaking to each other. The husband realised he needed his wife to wake him at 5am for an early business flight.

Not wanting to be the first to break the silence (and lose), he wrote a note that said, "Please wake me at 5am", and left it where she would find it.

The next morning, he woke up and saw that it was 9am – he had missed his flight. Furious, he was about to confront his wife when he noticed a note on his bedside table. It read, "It is 5am. Wake up."

Men are not equipped for these kinds of contests.

A frog goes into a bank and approaches the teller. He can see from her nameplate that the teller's name is Patricia Whack. So he says, "Ms. Whack, I'd like to get a loan to buy a boat and go on a long vacation." Patti looks at the frog in disbelief and asks how much he wants to borrow. The frog says \$30,000. The teller asks his name and the frog says that his name is Kermit Jagger, his dad is Mick Jagger, and that it's OK, he knows the bank manager. Patti explains that \$30,000 is a substantial amount of money and that he will need to secure some collateral against the loan. She asks if he has anything he can use as collateral. The frog says, "Sure. I have this," and produces a tiny pink porcelain elephant, about half an inch tall, bright pink and perfectly formed. Very confused, Patti explains that she'll have to consult with the manager and disappears into a back office. She finds the manager and says "There's a frog called Kermit Jagger out there who claims to know you and wants to borrow \$30,000. He wants to use this as collateral." She holds up the tiny pink elephant. "I mean, what the heck is this?" The bank manager looks back at her and says: "It's a knick knack, Patti Whack. Give the frog a loan. His old man's a Rolling Stone"

At the country's border was a man who worked as a guard, and had to check all the people and vehicles who wanted to cross into his country.

He was very diligent – this particular day, a truck stopped at the barrier, and he approached the driver, thinking that there was something a bit odd about this one. He decided to investigate thoroughly – removing wheel hubs, bumper bars and panels on the truck – all to no avail – he couldn't find any contraband of any kind. So after some time rechecking, he had to let the man through.

The next week, the same man drove up to the barrier again. The same border guard was on duty, and again, he was certain that something was not right. But again, he couldn't find anything illegal, and had to let the man through.

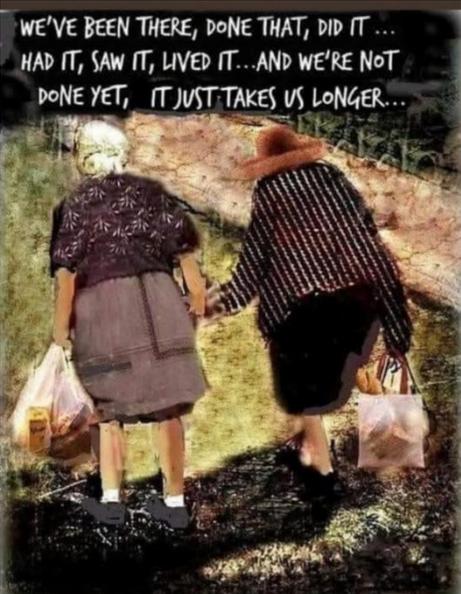
This same thing happened every week for some years – and every time, the same two men had the same experience at the border, and nothing was found.

The border guard was about to retire to live a simple life, away from searching for drugs and contraband. This day, when the man drove up to the barrier at the border, he decided that he would challenge him with his suspicions. "I am retiring today, so am not able to do anything with what you might tell me – but tell me, what are you smuggling??"

The man replied, "Trucks!"

Have you never seen what is right under your nose?????

*Word of the day:*  
**HURKLE-DURKLE**  
 A 200 year-old Scottish term  
 meaning to lounge in bed long after  
 it's time to get up.  
 Happiness is  
**HURKLE-DURKLING.**



## Tamahere Retirement Village – Calendar of Events – March 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
1 4.00 Worship in Wesley Chapel led by Rev. Dr Susan Thompson	2 9.15 Seated cardio-endurance Exercises/CC 1 pm Board Games, Pool/CC 3.30 Book Club /cc 7.0 Indoor Bowls	3 10.30 Chartwell 11.0 Catholic Mass/C (Mons Frank) 7.0 Twilight Bowls	4 9.15 Strengthening exercises with dumb-bells /CC 10.30 New World 1.00 Advanced Care Planning /CC 4.00 Global Village /HDL 5.45 Rotary Club Meeting /CC	5 <b>PODIATRIST HERE</b> 10.30 Coffee Group/CC 2.00 Ukelele Group/ HDL 7.0 Twilight Bowls	7 9.15 Standing Balance Exercises/CC 1 pm Board Games/CC 7.0 Movie /CC "Faith like Potatoes"	7 10.0 Petanque– near V28	
8 4.00 Worship in Wesley Chapel led by Rev. Paula Moala	9 9.15 Seated cardio-endurance Exercises/CC 1 pm Board Games, Pool/CC 7.0 Indoor Bowls	10 10.30 Chartwell 7.0 Twilight Bowls	11 9.15 Strengthening exercises with dumbbells CC 10.30 New World 6.30 Village Quiz /CC	12 10.30 Coffee Group/CC 2.00 Ukelele Group/ HDL 7.0 Twilight Bowls	13 9.15 Standing Balance Exercises/CC 10.0 Knit & Natter/HDL 1 pm Board Games/CC	14 10.0 Petanque– near V28 11.0 Catholic Liturgy /C (Sue Kenrick)	
15 4.00 Worship in Wesley Chapel led by Nan Russell	16 9.15 Seated cardio-endurance Ex/CC 1 pm Board Games, Pool/CC 7.0 Indoor Bowls	17 10.30 Chartwell 11.0 Catholic Mass/C (Mons Frank) 7.0 Twilight Bowls	18 9.15 Strengthening exercises with dumbbells CC 10.30 New World 11.0 Holy Communion /C (Rev. Dr Susan Thompson) 4.00 Global Village /HDL 5.45 Rotary Club Meeting /CC	19 10.30 Coffee Group/CC 2.00 Ukelele Group/ HDL 7.0 Twilight Bowls	20 9.15 Standing Balance Exercises/CC 10.0 Knit & Natter/HDL 1 pm Board Games/CC 7.0 Movie /CC "The Sound of Music"	21 10.0 Petanque– near V28	
22 4.00 Worship in Wesley Chapel led by Rev. Mohu Lolohea	23 <b>EAR CLINIC</b> 9.15 Seated cardio-endurance Ex/CC 1 pm Board Games, Pool/CC 7.0 Indoor Bowls	24 10.30 Chartwell 7.0 Twilight Bowls	25 9.15 Strengthening exercises with dumbbells / CC 10.30 New World	26 10.30 Coffee Group/CC 3.30 Happy Hour /CC 7.0 Twilight Bowls	27 <b>EYEWEAR ANGEL</b> 9.15 Standing Balance Exercises/CC 10.0 Knit & Natter/HDL 1 pm Board Games/CC	28 10.0 Petanque– near V28 11.0 Catholic Liturgy /C (Clive Bleaken) 2.00 Living Waters Church Youth Group here /CC	
29 4.00 Worship in Wesley Chapel led by Rev. Barry Neal	30 9.15 Seated cardio-endurance Ex/CC 1 pm Board Games, Pool/CC 7.0 Indoor Bowls	31 10.30 Van trip to The Base 7.0 Twilight Bowls	cc = Small Lounge in Community Centre CC = Community Centre C = Wesley Chapel HDL = Harakeke Downstairs Lounge HUL = Harakeke Upstairs Lounge				<b>Colour Coding</b> Blue Health Clinics Green Exercise Groups Red Groups, Trips, Games Black Church Services